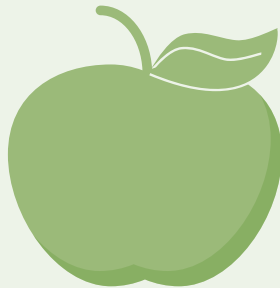




McKesson partners with Weight Watchers to offer you weight-loss solutions. **Enjoy the benefits of McKesson-paid fees and earning**

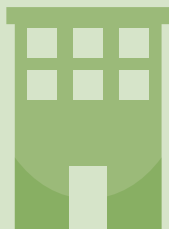
Vitality Points™ while you take steps to reach your weight management goals.



The McKesson-paid Monthly Pass allows you to choose the service that works best for you.

At Work Meetings

Benefit from the proven advantage of group support with coworkers. Earn 35 Vitality Points for each Weight Watchers meeting you attend.



Community (Local) Meetings

Enjoy the flexibility of attending meetings in your local area — when and where it suits you best. Earn 35 Vitality Points for each Weight Watchers meeting you attend.



Weight Watchers Online

Stay connected with this Weight Watchers plan — anywhere, anytime. Follow your plan at home, at the office or via a mobile device. Online participation does not earn Vitality Points.



Am I eligible to participate?

You are qualified to participate in the McKesson-sponsored program as long as you are an employee eligible for a McKesson medical plan (you don't need to be enrolled) or are a spouse/domestic partner covered under a McKesson medical plan.

How often do I need to attend Weight Watchers meetings to enjoy McKesson-paid fees?

You need to attend at least 10 meetings (one meeting per week) over 12 weeks.

How often do I have to report my participation in Weight Watchers to Vitality?

You must report your participation to Vitality at least once every four weeks.

How can I learn more about participating in Weight Watchers through McKesson?

Start by visiting the You. Even better. Library at www.mckesson.com/youevenbetterlibrary where you can find a complete list of Frequently Asked Questions.

Weight Watchers Registration Instructions

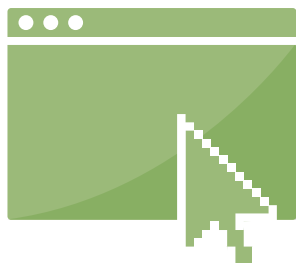
1 Go to the Vitality website (registration is required for first-time visitors):

- Employees: Log on to McKNet at www.mcknet.mckesson.com/vitality (when on McKesson's network) **or** go directly to www.powerofvitality.com.
- Spouses/Domestic Partners: Go directly to www.powerofvitality.com. Use your name, birth date and email address, and the last four digits of the employee's Social Security number to register.

2 On the **Get Healthy** tab, select **Nutrition & Healthy Eating**. Then, click **Learn More** under **Visit Weight Watchers**.

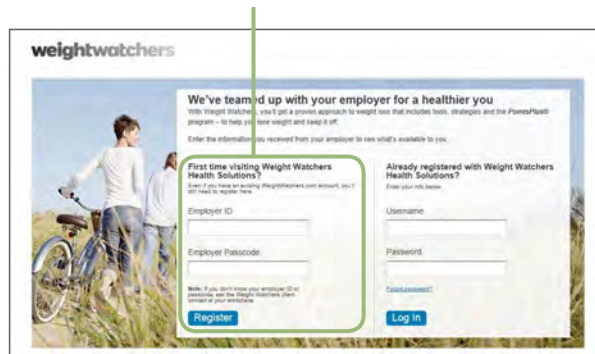


3 Review the terms and conditions of McKesson's Weight Watchers program and select **Enroll Now!** Then, click **Agree** in the pop-up box when asked to accept the terms and conditions of the program. Go to the Weight Watchers website by clicking **Go to Weight Watchers**.



4 On the Weight Watchers home page, begin your registration by entering our Company ID and Passcode:

- Company ID: **60428**
- Company Passcode: **WW60428**



- When asked to enter a user name and password, these are your personal choices — they are not McKesson specific.
- When asked to enter a company address, enter your work location address. If you work from home, enter your home address in this field.

5 Follow the prompts to personalize your account and let Weight Watchers know if you will be using your Monthly Pass to attend meetings or participate online.



Our Monthly Pass gives you the option to attend any At Work or Community meeting. Although you'll be asked to select a meeting location, your selection will not restrict this flexibility. For example, if there are meetings at your worksite and they do not appear on the webpage, simply select any location listed — this will not prevent you from attending the At Work meetings.

WEIGHT WATCHERS is the registered trademark of Weight Watchers International, Inc. and is used under license.



Vitality
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